

عنبر

ANBAR

Mediterranean Restaurant

MENU



SOUPS

LENTIL SOUP v شوربة عدس	8.50
Creamy, slowly cooked lentils with carrot, onion, garlic flavoured with cumin, turmeric & olive oil.	
CHICKEN SOUP g شوربة دجاج	9.50
Chicken broth, spring onion, salt and pepper.	

COLD MEZZES

HOMMOS s v حمص بالطحينة	8.50
Silky puree of chickpeas, tahini, lemon juice & olive oil.	
HOMOS BEIRUTY v حمص بيروت	8.75
Purée of chickpeas mixed with hot pepper, chopped parsley & garlic.	
MOUHAMARA n v محمرة	9.75
Crushed walnuts, roasted pepper paste, olive oil, pomegranate molasses.	
MOUTABBAL s v متبل باذنجان	8.75
Smokey baked aubergine paste, garlic, tahini, lemon juice & olive oil topped with pomegranate seeds.	
LABNEH m v لبنه	8.00
Strained yoghurt with mint & olive oil	
WARAK ENAB v ورق عنب	8.75
Grape Leaves stuffed with rice, fine chopped parsley, onions & tomatoes, herbs, pomegranate molasses, lemon & olive oil.	
MOUSSAKA مسقعة باذنجان	9.50
Cooked aubergine with chickpeas, onion, garlic & tomato sauce.	
TABBOULEH g v تبولة	8.75
Fine cut parsley, onions, tomato, mint & burgul with fresh lemon juice & olive oil dressing topped with pomegranate seeds.	
FATTOUCH g v فتوش	8.75
Lettuce, cucumber, tomato, red & green peppers with fried bread, pomegranate molasses, lemon juice & olive oil dressing.	
ROCKET SALAD سلطة جرجير	10.50
Rocket served with finely chopped onion, olive oil & lemon juice dressing.	

HOT MEZZES

HOMOS AWARMA s n حمص قاورما	12.50
Creamy hummus topped with sautéed tender lamb dices, pine nuts & olive oil.	
FOUL v فول مدمس	8.50
Boiled fava beans and chickpeas served with tomato, chopped parsley, olive oil, pomegranate & lemon juice.	
FALAFEL s c v فلافل	8.50
Crunchy chickpeas croquette, celery, mixed herbs, cumin & mixed spices served with tahini sauce.	
GRILLED HALLUMI m v s جبنة حلوم مشوية	8.50
Olive oil marinated grilled halloumi cheese.	
SPICY POTATOES v sp بطاطا حرة	8.50
Diced fried potatoes, coriander, garlic, mixed peppers & mediterranean spices.	
JAWANEH جوانح مشوية	9.90
Marinated grilled chicken wings.	
SOJOK سجق	9.75
Spicy pan fried mini lamb sausages with tomatoes.	
CHICKEN LIVER سودة دجاج	9.75
Marinated chicken liver flambéed in lemon and pomegranate molasses.	
LAMB KEBBEH g كبة مقلية	8.75
Fried meat balls of lamb, burgul & herbs paste, stuffed with spiced lamb mince & onion filling.	
PUMPKIN KEBBEH g s v كبة لقطين	8.50
Fried balls of pumpkin, burgul, potato & herbs paste stuffed with, spinach, chickpeas, feta cheese & onion mix.	
CHEESE SAMBOUSIK g m v سمبوسك جبنة	7.50
Mixed cheese crescent shaped pastry.	
LAMB SAMBOUSIK g سمبوسك لحمة	7.50
Traditional	minced
CHEESE بورك جبنة	ROLL
Deep fried crispy pastry rolled with mixed white cheese.	
SPINACH FATAYER فطاير سبانخ	7.50
Baked	small
ARAYES عرايس كفته	KAFTA
Grilled crunchy lamb kafta spreads on pita bread.	
ARAYES HALLUMI عرايس جبنة حلوم	8.75
Grilled crunchy hallumi cheese on pita bread.	

lamb

past

MAIN COURSES (From The Grill)

SHISH TAOUK شيش طاووق	18.75
Marinated cubes of chicken fillet, grilled on skewers, served with, garlic & chilli sauce.	
LAMB KAFTA كفته حلبية	18.75
Lamb mince & mixed herbs grilled on skewers.	
KAFTA KHASHKAHSH كفته خشخاش	19.50
Lamb mince & mixed herbs grilled on skewers, served on a bed of spicy sauce.	
LAMB MESHWI لحم مشوي	21.00
Marinated lamb cubes	
MIXED GRILL مشاوي مشكلة	23.75
Grilled lamb kafta, lamb meshwi, shish taouk skewers, garlic & chilli sauce.	
CASTALETTA ريش غنم	24.75
Marinated grilled lamb chops..	
FARROUJ WHOLE فروج مسح	20.50
Grilled boneless marinated baby chicken.	
LAMB SHAWARMA شاورما لحم s	21.00
Roasted thin slices of marinated meat.	
CHICKEN SHAWARMA شاورما دجاج	19.00
Roasted thin slices of marinated chicken.	
MAJBOUS CHICKEN مجبوس دجاج	22.50
Roasted marinated chicken, served with rice, Okra or Potato sauce.	
KUBA LEBANIA كبة لبنية	22.50
Lamb Kuba, served with rice and yoghurt.	
MAJBOUS MEAT مجبوس لحم	24.50
Roasted lamb shank served with rice, Okra or Potato sauce.	
GRILLED KING PRAWNS cr روبيان مشوي	29.00
Grilled marinated jumbo king prawns with lemon & butter sauce, served with chips or rice.	
GRILLED FILLET SEABASS f سمك سي باس مشوي	24.75
Grilled seabass fillet, served with served with chips or rice.	

SIDES

WHITE RICE v m رز ابيض	6.25
SAFFRON RICE v m رز مع الزعفران	7.75
FRENCH FRIES بطاطا مقلية	5.75
TZATZIKI m لبن وخيار	6.50
PLAIN YOGURT m لبن	5.75

SANDWICHES (Wraps)

HALLUMI v g m جبنة حلوم	8.50
FALAFEL v g s فلافل	8.00
TAOUK g طاووق	10.00
FALAFEL WITH HALLUMI CHEESE v s g فلافل مع جبنة حلوم	9.75
KAFTA with g كفته مشوي chips	10.00
LAHM MESHWI with chips and soft drink g لحم مشوي	12.00
LAMB SHAWARMA with chips and soft drink g s شاورما لحم	12.00
CHICKEN SHAWARMA with chips and soft drink g شاورما دجاج	11.00

SET MENU FOR 2 PEOPLE

3 COLD AND 3 HOT STARTERS PLUS 2 MIX GRILLS.

COLD

HOMMOS s v حمص بالطحينة

MOUTABBAL s v متبل باذنجان

FATTOUCH g v فتوش

HOT

FALAFEL s c v فلافل

LAMB KEBBEH g كبة مقلية

CHEESE SAMBOUSIK g m v سمبوسك جبنة

2 MIXED GRILL مشاوي مشكلة

£80

SET MENU FOR 4 PEOPLE

4 COLD AND 4 HOT STARTERS PLUS 4 MIX GRILLS.

COLD

HOMMOS s v حمص بالطحينة

MOUTABBAL s v متبل باذنجان

FATTOUCH g v فتوش

TABBOULEH g v تبولة

HOT

FALAFEL s c v فلافل

LAMB KEBBEH g كبة مقلية

CHEESE SAMBOUSIK g m v سمبوسك جبنة

SPINACH FATAYER فطائر سبانخ

4 MIXED GRILL مشاوي مشكلة

£160



Dishes not marked with g are gluten free
Please note: we are using nuts in our kitchen and we can not
guarantee that our food is nut & sesame free.

Please advice your server of any special
dietary requirements including intolerances& allergies.

v vegetarian / c celery / g gluten/ cr crustaceans / e eggs
f fish / l lupin / m milk mu mustard / n nuts / p peanuts
s sesame / so soya / s sulphites / sp spicy